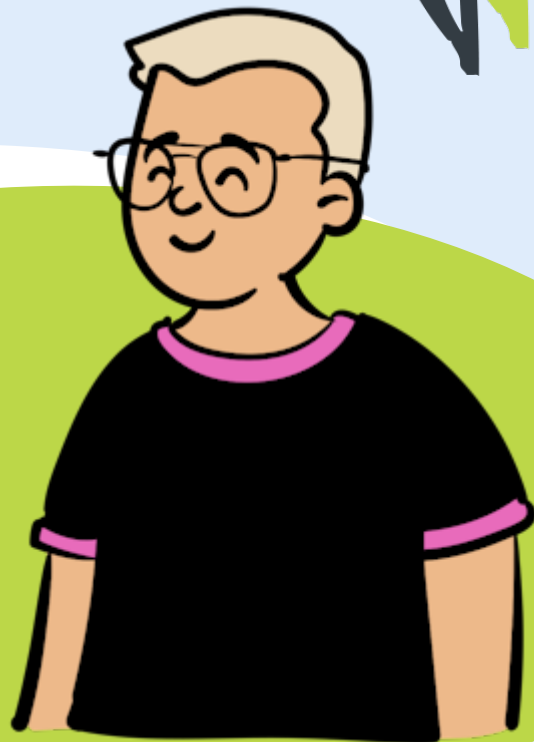


UNLOCKING BEHAVIOUR AND COMMUNICATION

TRAINING TO EQUIP PARENTS TO NURTURE COMMUNICATION AND SELF-SUFFICIENCY IN THEIR CHILDREN



WITH CINDY HSIANG

REGISTERED PSYCHOLOGIST; BOARD CERTIFIED BEHAVIOUR ANALYST

ABOUT THE PROGRAM

Our monthly parenting training program is designed to **empower you** to nurture your child's communication, self-care skills, and to **reduce behaviours of concern**.

These interactive sessions are designed with your unique individual needs in mind.



EXPERIENCED PROFESSIONAL GUIDANCE



CONNECT WITH OTHER PARENTS FACING SIMILAR CHALLENGES



PRACTICAL STRATEGIES YOU CAN IMPLEMENT



ABOUT THE PRESENTER



Cindy Hsiang is a registered psychologist and a Board-Certified Behaviour Analyst (BCBA) based in Sydney, Australia. The principal psychologist at Aspiration Education and Development Clinic, Cindy has worked with children on the autism spectrum and their families for over 20 years. Her extensive experience spans across Australia, New Zealand, and the Asia-Pacific region, where she has trained allied health professionals and parents. Cindy has also played a key role in developing parent support programs for the Department of Social Services.

PROGRAM OUTLINE

The program offers both online and in-person options at Aspiration Education and Development Clinic located at Suite 4 (level 5) 25-33 Old Northern Road in Baulkham Hills, NSW. The cost per session is \$230 (per couple).

Session 1

How is my child's behaviour impacted by his or her communication styles and sensory profiles?

- When: Wednesday the 29th of May from 11:30am to 1:00pm

Session 2

Decoding the message: Understanding behaviour as communication part 1 (exploring underlying reasons and implementing proactive strategies)

- When: Wednesday the 26th of June from 11:30am to 1:00pm

Session 3

Decoding the message: Understanding behaviour as communication part 2 (exploring underlying reasons and implementing proactive strategies)

- When: Wednesday the 24th of July from 11:30am to 1:00pm

Session 4

Building self-care skills for independence part 1 (identifying which skills to teach and implementing positive rewards)

- When: Wednesday the 21st of August from 11:30am to 1:00pm

Session 5

Building self-care skills for independence part 2 (breaking down skills into smaller steps and implementing differential rewards)

- When: Wednesday the 18th of September from 11:30am to 1:00pm

Session 6

Applying my child's unique communication styles and sensory profiles to teach self-care skills and reduce behaviours of concern

- When: Wednesday the 16th of October from 11:30am to 1:00pm



HOW TO BOOK

Limited spots available. Secure your place today by calling (02) 9688 6665 or emailing info@aspirationchildpsychology.com.au

** 50% deposit required at time of booking*

FAQ

Who is this program for?

This program is specifically designed to support parents and caregivers of neurodivergent children with limited verbal communication skills. If you're looking for strategies to help your child thrive, this program can provide valuable tools and insights.

Is attending all sessions mandatory?

While we highly recommend attending all 6 interconnected sessions to get the most comprehensive learning experience and build upon key concepts, we understand that individual circumstances may vary. Attending as many sessions as possible will still be beneficial.

Are the sessions offered online or in person?

The program offers both online and in-person options. If you prefer the flexibility of attending from home, online sessions are perfect for you. Or, if you value face-to-face interaction, join us at our clinic at Suite 4 (level 5) 25-33 Old Northern Road in Baulkham Hills, NSW.

How many participants are allowed per session?

The session cost covers up to 2 participants. So, feel free to bring another parent, or caregiver who would benefit from attending with you.

Will there be opportunities to ask questions?

Absolutely! We understand that every child's journey is unique. That's why our sessions are designed with interactive elements and dedicated Q&A time with your facilitator, allowing you to address specific concerns and get personalised guidance.

Can I claim a rebate for these sessions?

This program may be eligible for rebates through NDIS, Medicare, and private health insurance. Contact us for further information.

How can I get more information?

We're happy to answer any questions you may have! Feel free to reach out to Aspiration Education and Development Clinic at (02) 9688 6665 or email us at info@aspirationchildpsychology.com.au.



ASPIRATION

EDUCATION & DEVELOPMENT CLINIC

ABOUT US

Aspiration Education and Development Clinic provides an open and confidential environment for children, adolescents, and families to explore their strengths and limits. Our family-centred approach means we work with you towards enhancing you and your family's well-being.

Our psychology services include:

- Psychometric assessments
- Early intervention programs for children with Autism and developmental delays
- Social skills training
- Behaviour management
- Emotion regulation (e.g. anxiety, anger, depression)
- Parenting support and training
- School transition and adjustment
- Family therapy